

summer
2019



sarnia COMMUNITY ACTIVITIES GUIDE

YOUR resource to culture, programs, clubs,
associations, city services, events and more!

Hold on to YOUR Guide!



IN THE BIN SARNIA



EFFECTIVE JULY 1, 2019 • DON'T BAG RECYCLABLES

Recyclables will no longer be collected in plastic bags.

How does this change the way I recycle?

You can still recycle paper, glass, aluminum, and plastics coded 1-6 (except plastic bags).

Set out recyclables in a bin up to 32 gallons/121 litres.

Blue boxes available for \$7 at City Hall and at Public Works.

Bagged recyclable materials will not be collected.

Why this change?

Eliminating plastic bags improves the recycling process because:

- Plastic bags contaminate the stream of otherwise good recycling material
- Plastic bags damage equipment at sorting facilities
- Reusable bins are an environmentally responsible option

More Information

Download: the **Recycle Coach** app

Visit: www.sarnia.ca for a full list of recyclables

Email: recycling@sarnia.ca or Call: 519-332-0330



Never miss a collection again.

Download the **FREE** app
on your app store today!



SFC Soccer for Everyone!

WE LIVE, BREATHE, EAT, SLEEP, **FOOTBALL!**

At SFC, we are committed to the development of all our athletes and the promotion of the sport of soccer.



Competitive Fun

- a fun atmosphere where players can develop a love for the game
- help players reach their potential on/off the field
- produce players capable of moving on to play soccer at the highest levels
- develop and promote soccer education within Lambton-Kent
- develop players within the ethical guidelines of Fair Play and sportsmanship

SFC Academy

- Soccer skills training
- Focused & Intense Training
- Highly trained coaches
- Increased Player confidence & enjoyment

PLEASE VISIT OUR WEBSITE FOR ALL REGISTRATION INFORMATION

www.sarniafc.ca |  @Sarnia_FC |  Sarnia Football Club



**THE FOUNDATION OF OUR CLUB IS MADE UP OF VOLUNTEERS,
YOUR "SUPPORT" IS APPRECIATED.**



SUMMER FUN WITH *Lambton County Library*

Take your library with you this summer!
Download eBooks, eAudiobooks, eMagazines, eMovies and more to read or watch wherever your summer takes you. Access eLibrary resources through **lclibrary.ca** using your library card on a mobile device or computer with an Internet connection.

Join the fun!
Reading recommendations and activities for kids, all July and August!
tdsummerreadingclub.ca

TD Summer Reading Club 2019



CULTURAL SERVICES DIVISION

Library Headquarters
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Wyoming, ON N0N 1T0
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Registration Procedures

Summer registration will begin **Monday, April 1, 2019.**

Program registration is available online at sarniacommunityactivitiesguide.ca or see us in person at:

City Hall

255 Christina Street North, Sarnia, Ontario
Third Floor, Parks and Recreation Department
City Hall hours:

Monday to Friday: 8:30am to 4:30pm

Program Registrations should be paid in full at the time of registration **and must be paid prior to start of program.** Cancellation requests are subject to an administrative fee. For further information on registrations, payments, and refunds, the "Payments & Cancellations of Program Registrations & Facility Rentals" policy can be found at www.sarnia.ca

The City of Sarnia is committed to providing accessible goods, services, programs and facilities to the people of Sarnia. If you or one of your family members needs accommodation to participate in programming with the City of Sarnia please advise City staff at:

519-332-0330 ext. 3307 or access@sarnia.ca.

To register for any programs held at the **Strangway Adult Community Centre**, please go online, visit or call:

Strangway Adult Community Centre
260 East Street North, Sarnia, Ontario

T: 519-332-0656

F: 519-332-0657

E: strangway@sarnia.ca

SCC All Strangway Adult Community Centre programs marked with this symbol.

Strangway Office Hours:

Monday: 8:30am to 6pm

Tuesday to Thursday: 8:30am to 5pm

Friday: 8:30am to 4:30pm

Program Hours: 8:30am to 9:30pm- Monday to Saturday (varies based on programming)

Centre Closures:

Monday, May 20 - Victoria Day

Monday, July 1 - Canada Day

Monday, August 5 - Civic Holiday

Monday, September 2 - Labour Day

Please note: When the Centre is closed for holidays there are no programs running on or offsite.

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Go to the inter-active pdf of this Community Guide
 Visit: www.sarniacommunityactivitiesguide.ca
CLICK ON THE LINK TO REGISTER ONLINE

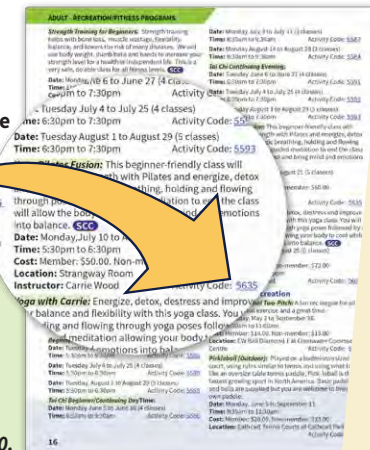
ACTIVENet You'll need an account to use the new system, but don't worry! With a couple clicks and a few taps of the keyboard, you'll be set up and ready to enjoy the convenience of online registration. If you already have an account with our old system, then you'll just need to follow a few easy steps to access your new account in the new system! More information on that will be coming soon.

The online portal has many great benefits and is extremely easy to use! Search for your favorite programs by keyword, age, day, time, location and more! You can even register for multiple programs in one transaction making the registration and payment process faster and more convenient!

If you have any questions please don't hesitate to email/call parksandrecreation@sarnia.ca or 519-339-1850.

www.sarniacommunityactivitiesguide.ca

Designed and Produced by Grafiks Marketing & Communications, Sarnia, Ontario
www.grafiks.com





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Engineering



Leadership Programs

- Western Engineering Summer Academy
- Leaders in Training Program

Register today:

eng.uwo.ca/outreach

519.661.2111 ext. 88826 or discover@uwo.ca

Children/Youth Programs

Day Camps

Camp Saradaca - Ages 6 to 12:

Our program focuses on outdoor activities, crafts, games, daytrips, hikes and guest speakers. Camp Saradaca is located at 2065 Blackwell Road.

Creative Campers:

Date: Tuesday to Friday, July 2 to July 5 (4 classes) (no class July 1)

Time: 9am to 4pm

Cost: \$100

Location: Camp Saredaca

Activity Code: [7311](#)

The "Magic" of Camp:

Date: Monday to Friday, July 8 to July 12 (5 classes)

Time: 9am to 4pm

Cost: \$125

Location: Camp Saredaca

Activity Code: [7318](#)

Ooey Gooley:

Date: Monday to Friday, July 15 to July 19 (5 classes)

Time: 9am to 4pm

Cost: \$125

Location: Camp Saredaca

Activity Code: [7321](#)

Sports Extravaganza:

Date: Monday to Friday, July 22 to July 26 (5 classes)

Time: 9am to 4pm

Cost: \$125

Location: Camp Saredaca

Activity Code: [7323](#)

Holidays:

Date: Monday to Friday, July 29 to August 2 (5 classes)

Time: 9am to 4pm

Cost: \$125

Location: Camp Saredaca

Activity Code: [7322](#)

The No-Theme Week:

Date: Tuesday to Friday, August 6 to August 9 (4 classes) (no class August 5)

Time: 9am to 4pm

Cost: \$100

Location: Camp Saredaca

Activity Code: [7317](#)

Lego Week:

Date: Monday to Friday, August 12 to August 16 (5 classes)

Time: 9am to 4pm

Cost: \$125

Location: Camp Saredaca

Activity Code: [7316](#)

Anything Goes:

Date: Monday to Friday, August 19 to August 23 (5 classes)

Time: 9am to 4pm

Cost: \$125

Location: Camp Saredaca

Activity Code: [7309](#)

Newton and Wildwood Park Preschool Activity Program: Ages 3 to 5

July 2 to August 23, 2019

Excluding Monday, August 5, 2019

Program includes weekly themed activities, games, crafts, and special guests. Children must be fully toilet trained to attend. Registration required 48 hours in advance.

Online registration:

<https://ca.apm.activecommunities.com/sarnia/>

Newton Preschool Mornings:

Date: Tuesday, Thursday, Friday

Time: 9 AM to 12 PM

Cost: \$12 per half day

Location: Newton Park

Newton Preschool Afternoons:

Date: Monday, Wednesday

Time: 1 to 4 PM

Cost: \$12 per half day

Location: Newton Park

Wildwood Preschool Mornings:

Date: Monday, Wednesday, Friday

Time: 9 AM to 12 PM

Cost: \$12 per half day

Location: Wildwood Park, Bright's Grove

Wildwood Preschool Afternoons:

Date: Tuesday, Thursday

Time: 1 to 4 PM

Cost: \$12 per half day

Location: Wildwood Park, Bright's Grove

Alzheimer Society

SARNIA - LAMBTON

WHAT WE OFFER

CORE SUPPORT SERVICES



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SUPPORT
GROUPS



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PROGRAM



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MOMENTS



MINDS IN
MOTION



FORGET ME NOT
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www.alzheimer.ca/sarnialambton

info@alzheimersarnia.ca

519-332-4444 • Sarnia, ON N7T 6Y5

Help for Today. Hope for Tomorrow...*

Newton Park Youth Activity Program: Ages 6 to 9

July 2 to August 23, 2019

Excluding Monday, August 5, 2019

Program includes weekly themed activities, games, crafts, and special guests. Full or half days are available.

Registration required 48 hours in advance.

Online registration:

<https://ca.apm.activecommunities.com/sarnia/>

Date: Monday, Tuesday, Wednesday, Thursday, Friday. (Friday 9 AM to 12 PM only)

Time: 9 AM to 12 PM and or 1 to 4 PM

Cost: \$12 per half day, \$24 per full day

Lawrence House Summer Art Camp - Ages 6 to 12:

Please provide your child with a peanut free lunch, morning and afternoon snack. Depending on weather conditions, there will be a break outdoors, within the grounds of the Lawrence House, so it is important that your child dress accordingly.

We recommend that the artists wear older clothing or bring a cover up. Each week will include a variety of materials and techniques with fun projects designed to stimulate your child's creativity and build confidence in their artistic abilities.

Just Like a Famous Artist:

Date: Tuesday to Friday, July 2 to July 5 (4 classes)

Time: 9am to 4pm

Cost: \$125

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7293](#)

Rainforest Critters and Creatures:

Date: Monday to Friday, July 8 to July 12 (5 classes)

Time: 9am to 4pm

Cost: \$155

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7294](#)

Classic Characters:

Date: Monday to Friday, July 15 to July 19 (5 classes)

Time: 9am to 4pm

Cost: \$155

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7295](#)

Wonders of the World:

Date: Monday to Friday, July 22 to July 26 (5 classes)

Time: 9am to 4pm

Cost: \$155

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7296](#)

Splat, Smoosh, Squish:

Date: Monday to Friday, July 29 to August 2 (5 classes)

Time: 9am to 4pm

Cost: \$155

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7297](#)

Fantastical Beasts:

Date: Tuesday to Friday, August 6 to August 9 (4 classes) (No camp Monday, August 5, 2019)

Time: 9am to 4pm

Cost: \$125

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7300](#)

Art Express:

Date: Monday to Friday, August 12 to August 16 (5 classes)

Time: 9am to 4pm

Cost: \$155

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7298](#)

Let's Go to the Movies:

Date: Monday to Friday, August 19 to August 23 (5 classes)

Time: 9am to 4pm

Cost: \$155

Location: Lawrence House Centre for the Arts

Instructor: Hazel Rogers

Activity Code: [7299](#)

Summer Activities

Children's Art Workshop - Ages 5 to 8: In cooperation with the Sarnia Artist's Workshop, this half to day themed workshop will take place in the Barn by the Animal Farm at Canatara Park. Children will enjoy working with paint, clay, and a variety of craft materials. Wear proper clothing, and bring water and a snack (peanut free please).

Date: Wednesday, August 7

Time: 9:30am to 12pm

Cost: \$10

Location: Canatara Park

Activity Code: [7319](#)

Date: Wednesday, August 7

Time: 1pm to 3:30pm

Cost: \$10

Location: Canatara Park

Activity Code: [7320](#)

Seeking Athletes & Volunteers

SARNIA
SPECIAL OLYMPICS
ONTARIO



Special Olympics Sarnia

is a non-profit, volunteer-based organization committed to providing athletic opportunities for individuals with intellectual disabilities in Sarnia, Lambton



SPORT	DAY	LOCATION
Powerlifting	Saturday	Ironworks Gym, Pt Edward
Swimming	Sunday	YMCA, Sarnia
Snow Shoeing	Sunday	Sarnia Athletics Track
Floor Hockey	Monday	New Life Assembly, Petrolia
10-Pin Bowling	Wednesday	Hiway Bowl, Sarnia
Basketball	Thursday	St. Anne's School, Sarnia
Soccer (Summer)	Tuesday	Waterfront Park, Pt Edward
Track & Field (Summer)	Monday	Sarnia Athletics Track

**Volunteers
guaranteed a fun
& rewarding experience!**

sarnia.coordinator@specialolympicsontario.ca

sarnia.specialolympicsontario.ca



Youth Golf Program - Ages 8 to 12: A wonderful opportunity for children to learn the game of golf, including game etiquette and skill development. Qualified instructors will work directly with children. Cost includes green fees and lunch. Supported by Edward and Norma Cox and the City of Sarnia.

Date: Tuesday, July 2

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7237](#)

Date: Thursday, July 11

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7238](#)

Date: Monday, July 15

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7239](#)

Date: Monday, July 22

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7240](#)

Date: Tuesday, August 6

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7241](#)

Date: Tuesday, August 13

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7242](#)

Date: Tuesday, August 20

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7243](#)

Date: Thursday, August 29

Time: 9am to 12:30pm

Cost: \$35

Location: Huron Oaks Golf Course

Instructor: Darrick Harrop

Activity Code: [7244](#)

Youth Tennis Lessons - Ages 8 to 12: Learn the rules of the game, how to keep score, and new game skills! Please bring your own racquet and balls. There will be no refunds due to inclement weather.

Date: Monday to Friday, July 15 to July 19

Time: 9:30am to 11am

Cost: \$45

Location: Kenwick Park

Instructor: Justin Bourassa

Activity Code: [7313](#)

Date: Monday to Friday, July 29 to August 2

Time: 9:30am to 11am

Cost: \$45

Location: Linden Park

Instructor: Justin Bourassa

Activity Code: [7312](#)

Fun, Fitness and Fundamentals!

Boys & Girls Summer Camps

9 Weeks of Themed Camp!

Themed full day weekly camps! Camps consist of a variety of activities including crafts, music, gymnastics, games, field trips and excursions! Available for all children ages 4-15!

Boys & Girls PD Day Camps

Ages 4-15! Join us for gymnastics, games, crafts, and outings!

Birthday Parties!

Customize your child's special day at Bluewater Gymnastics! Our Birthday Parties are offered Saturdays and Sundays. Check out our website for more information!

Pre-School & Recreational Gymnastics

The Bluewater Gymnastics Club runs four, 10 week sessions from September to June. We offer programs for children of all ages and abilities starting at 18 months old all the way to 18 years old. New comers to Gymnastics are welcome and encouraged!



bluewatergymnasticsclub.com

Register Online or in Person



@BluewaterGym



Bluewater Gymnastics Club, Your Community Recreational Center

Aquatics

We are proud to offer the Red Cross Pre-school and Swim Kids lessons. The swim lesson program focuses on swimming, fitness and skill & water safety for children of all ages. Classes include 10 lessons over a 2 week session. (Pool is heated)

SWIM SESSION DATES 2019 (weather permitting)

Session 1 — July 1 to July 12

Session 2 — July 15 to July 26

Session 3 — July 29 to August 9

Session 4 — August 12 to August 23

OPEN/PUBLIC SWIM FEES
Cox Youth Centre Entry
Fee: \$2 per person
entering facility.
Per session.

RED CROSS SWIM PRE-SCHOOL Pre-school classes - 5 children Max.

Duck (12-24 mths)	Parent/guardian must participate. Rhythmic breathing, moving forward/backward, front and back float
Sea Turtle (24-36 mths)	Parent/guardian must participate. Submersion, floats, glides assisted, front swim (assisted).
Sea Otter (3-5 yrs.)	Front & back floats and glides, kicking with buoyant object. Able to swim 1 meter upon completion
Salamander (3-5 yrs.)	Floats & glides kicking added. Jump into chest-deep water. Swim 2 m.
Sunfish (3-6 yrs.)	Floats & glides, deep water entry and float. Swim 5 m.
Crocodile (3-6 yrs.)	Front/back glide with kick, front/back swim. Swim 10 meters continuously



Date: July 6 to August 24, 2019

Time: Every Saturday Afternoon 1 pm to 3 pm

Location: Cox Youth Centre in Tecumseh Park

Capacity Restrictions Apply

RED CROSS SWIM KIDS

Swim Kids (Level 1-10) - 7 Children Max.

Level 1 (6 & Older)	Floats & glides & flutter-kick 10m (assisted), swim 5m
Level 2 (6 & Older)	Front/back glides with flutter kick, front swim 10m, deep water activities (assisted).
Level 3 (6 & Older)	Front/back glide with flutter kick, flutter kick unassisted, float in deep water, swim 15m
Level 4 (6 yrs. & Older)	Back swim with shoulder roll, front crawl (10m), flutter kick on back, kneeling dive, intro to sculling, swim 25m
Level 5 (6 yrs. & Older)	Front crawl (15m), back crawl (15m), whip kick on back, stride dive, tread water, headfirst sculling on back, swim 50m
Level 6 (6 yrs. & Older)	Front/back crawl (25m), elementary back stroke (15m), dolphin kick, tread in deep water, front dive, swim 75m.
Level 7 (6 yrs. & Older)	Front/back crawl (50m), elementary back stroke (25m), front scull, whip kick on front, dolphin kick, stride entry, swim 150m
Level 8 (6 yrs. & Older)	Front/back crawl (75m), elementary back stroke (25m), breast stroke (15m), eggbeater/tread, feet-first surface dive, standing shallow dive. Swim 300m
Level 9 (6 yrs. & Older)	Front/back crawl (100m), elementary back stroke (50m), breast stroke (25m). Sidestroke kick, head-first surface dive. Swim 400m
Level 10 (6 yrs. & Older)	Front/back crawl (100m), elementary back stroke (50m), breast stroke (50m). Sidestroke (25m), dolphin kick (vertical), feet-and head-first surface dive with underwater skim. Swim 500m
Semi Private Lessons for Children	A chance for participants to develop the skills & ability to reach an appropriate level (2 participants/class) Please note times are set aside for Preschool or Swim Kids review. See times on chart.

See page 13 for Lesson Schedule



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Aquatics

	Cox Youth Centre Pool & Spray Park
MORNINGS	June 10 to June 27 - Pool and Splash Pad OPEN for Private Bookings only. July 1 to August 23 - Pool closed in AM for lessons
AFTERNOONS	June 10 to June 27 - Pool and Splash Pad OPEN for Private Booking only. June 28 - August 25 - OPEN SWIM OR SPRAY 1-3pm June 17 to August 25 - SPRAY PARK ONLY 4-6pm June 10 to June 27 (weekdays) - AFTER SCHOOL SWIM/SPRAY 4-6pm
EVENINGS	June 17 to August 25 6:30-7:50pm - SWIM OR SPRAY
FAMILY SWIM	June 22 to August 25 Weekends Only 3:30-5pm SWIM

Please visit www.sarnia.ca for detailed Open Swim calendars. ALL Camps & Community Groups must pre-book visits to the Cox Youth Centre. Limited bookings available during open swim times. Please contact 519-337-2288 for further details. .

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this Summer
at the Sarnia
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sarniayachtclub.ca

We offer a variety of lessons.

- Wetfeet Program* for ages 5 to 7.

- Youth Program* for ages 8 to 16.

* Full-day, two week sessions or half-days, four week sessions. (Early drop off and late pick up available.)

- Adult and Family programs Tuesday & Thursday evenings.

Visit our website for schedule, information & registration forms.

Contact: Lynz Jackson,

SST Registration

519-384-2665

sycsst@hotmail.com

Jamie Spelay, SST Director

519-331-6308

Sarnia Yacht Club

syc@cogeco.net

519-332-6779 ext. 1



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Aquatics

Session 1: July 1 to July 12, **Session 2:** July 15 to July 26, **Session 3:** July 29 to August 9, **Session 4:** August 12 to August 23

2018 Swim Lesson Schedules - Cox Youth Centre – 334 Russell St. S. - 337-2288

RED CROSS SWIM	8:30 am	9 am	9:30 am	10 am	10:30 am	11 am	11:30 am	12 pm	3:30 pm	4 pm	4:30 pm	5 pm	5:30 pm
PRE-SCHOOL 12 Months - 5 Years													
Duck (30 min)					X								
Sea Turtle (30 min)					X								X
Sea Otter (30 min)			X	X		X	X					X	
Salamander (30 min)	X	X			X	X		X	X		X		
Sunfish (30 min)	X			X				X			X		
Crocodile (30 min)	X		X				X			X			
SWIM KIDS 6 Years & Older													
Level 1 (30 min)		X					X			X			X
Level 2 (30 min)		X				X			X			X	
Level 3 (30 min)			X				X	X	X	X			
Level 4 (30 min)			X			X		X					X
Level 5 (30 min)	X			X				X			X		
Level 6 (50 min)		X										X	
Level 7 (50 min)				X					X				
Level 8 (50 min)					X				X				
Level 9 (50 min)		X									X		
Level 10 (50 min)		X									X		
Semi Private Lessons (30 min)	Swim Kids			Pre-school			Swim Kids					Swim Kids	Swim Kids

SWIM LESSON FEES: 30 Minutes - \$45, 50 Minutes - \$60, Semi-Private - \$65

Please visit our website www.sarnia.ca for additional swim lesson programming at the Cox Youth Centre this summer! Online registration: <https://ca.apm.activecommunities.com/sarnia/>



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Strangway Adult Community Centre General Information

Membership: Members enjoy **savings of 15% or more** on programs and events! Membership is available to anyone 50+ years.

You do not need to be a member to participate in programs and events. Anyone 20+ years can participate.

Cost:

January to December \$52

May to October \$33

September to December \$23

**Please note: we do not pro-rate memberships*

Strangway Centre Café: Open to the public with reasonable prices! Serving soup, sandwiches, desserts and daily specials prepared by Centre volunteers. Open for Lunch: Monday to Friday, 11am to 1pm

Tokens:

Must be purchased for weekly activities (see chart page 21)

Token Member \$2.25

Token Non member \$5

Hobby Shop:

Summer schedule (July and August): Monday to Friday, 9am to 12pm

Hobby Shop Membership Cost:

Half year (July to December 2019): \$80

Hobby Shop Pay Per Use:

Daily Token: \$11

Half Day Token: \$6

Please note: You must bring your own building supplies.

Minor Woodworking Repairs: If you are in need of a minor woodworking repair our volunteers in the Woodshop can probably fix it! Bring your item in to be inspected. There is a small fee for this service.

Volunteering: The Strangway Centre is a great place to volunteer your time. No matter your skill, or desire to learn a new skill, we have a role for you. We are looking for friendly, reliable and enthusiastic volunteers in our café, woodshop, front desk and crafting groups, and at special events. Contact the Centre for more information.

Room Rentals: Strangway Adult Centre has rooms available to rent to the public for special occasions or community programs with various capacities, please contact the Centre for rates and availability.

A Note about Registration:

- You can register for all events and programs by phone, online and in person at The Strangway Centre.
- You do not need to pre-register for daily activities or pay-as-you-go programs
- It is important to register for events, seminars and instructional programs in advance. Programs with low registration will be cancelled - don't wait until the day the program starts to sign up!

SCC All Strangway Adult Community Centre programs marked with this symbol.

Adult Programs

Fitness & Wellness

Build Your Bones: In this class we will help "build your bones" by creating a demand for calcium through exercises such as weight training. Cardio is also included in this well rounded and fun exercise class. **SCC**

Date: Monday, July 8 to July 29 (4 classes)

Time: 11am to 12pm

Cost: Member: \$32. Non-Member: \$40

Location: Strangway Room

Instructor: Richel Jackson

Activity Code: [7267](#)

Date: Monday, August 12 to August 26 (3 classes)

Time: 11am to 12pm

Cost: Member: \$24. Non-Member: \$30

Location: Strangway Room

Instructor: Richel Jackson

Activity Code: [7268](#)

Date: Wednesday, July 3 to July 31 (5 classes)

Time: 11:30am to 12:30pm

Cost: Member: \$40. Non-Member: \$50

Location: Strangway Room

Instructor: Richel Jackson

Activity Code: [7269](#)

Date: Wednesday, August 7 to August 28 (4 classes)

Time: 11:30am to 12:30pm

Cost: Member: \$32. Non-Member: \$40

Location: Strangway Room

Instructor: Richel Jackson

Activity Code: [7270](#)



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Date: Friday, July 5 to July 26 (4 classes)

Time: 11am to 12pm

Cost: Member: \$32. Non-Member: \$40

Location: Strangway Studio

Instructor: Richel Jackson

Activity Code: [7271](#)

Date: Friday, August 2 to August 30 (5 classes)

Time: 11am to 12pm

Cost: Member: \$40. Non-Member: \$50

Location: Strangway Studio

Instructor: Richel Jackson

Activity Code: [7272](#)

Chair Exercise Program (Tiered Exercise Program - TEP)

Info Session: Created by the Canadian Centre of Activity and Aging "The Tiered Exercise Program includes three exercise programs for older adults who are either chair to bound, have transfer ability, or are ambulatory. The exercise programs are evidence to based, include 10 exercises each that are simple yet progressive, and will help participants maintain or improve their current functional abilities to help them age in place." Come see what this program is about! **SCC**

Date: Thursday, June 6

Time: 12pm to 12:45pm

Cost: Free

Location: Strangway Studio

Instructor: Nora Hope

Activity Code: [7337](#)

Chair Yoga: If you would like to try yoga but have trouble getting up and down from a mat try Chair Yoga. You will practice yoga poses while sitting in a chair. This class is suitable for beginners. **SCC**

Date: Monday, July 8 to July 29 (4 classes)

Time: 1pm to 2pm

Cost: Member: \$32. Non-Member: \$40

Location: Strangway Studio

Instructor: Ann Bending

Activity Code: [7277](#)

Date: Monday, August 12 to August 26 (3 classes)

Time: 1pm to 2pm

Cost: Member: \$24. Non-Member: \$30

Location: Strangway Studio

Instructor: Ann Bending

Activity Code: [7278](#)

Date: Thursday, July 4 to July 25 (4 classes)

Time: 1pm to 2pm

Cost: Member: \$32. Non-Member: \$40

Location: Strangway Studio

Instructor: Ann Bending

Activity Code: [7275](#)

Date: Thursday, August 1 to August 29 (5 classes)

Time: 1pm to 2pm

Cost: Member: \$40. Non-Member: \$50

Location: Strangway Studio

Instructor: Ann Bending

Activity Code: [7276](#)

Dancercise: Dancercise, a fusion of Line Dancing, Zumba, and 1980's Dancefit/Jazzercise is a fun soft cardio class that will make you forget you are exercising. Can be easily modified for your level of dance fitness! **SCC**

Date: Monday, May 27 to August 19

Time: 1:30pm to 2:15pm

Cost: Member: \$5. Non-Member: \$6 (pay as you go)

Location: Strangway Room

Instructor: Pam Chin

www.sarniacommunityactivitiesguide.ca

Funfit: Tone to up, stay in shape and meet new people. This program offers low impact exercise and also makes use of interval weight exercises for maximum results. Offering convenient morning or evening classes. Taught by certified instructor Carol Burkhart.

Date: Tuesday, July 2 to August 20 (8 classes)

Time: 9:30am to 10:30am

Cost: \$42

Location: Clearwater Arena Upper Hall

Instructor: Carol Burkhart

Activity Code: [7314](#)

Date: Thursday, July 4 to August 22 (8 classes)

Time: 9:30am to 10:30am

Cost: Fee: \$42 for General Public

Location: Clearwater Arena Upper Hall

Instructor: Carol Burkhart

Activity Code: [7315](#)

Gentle Yoga: Energize, detox, de-stress and improve your balance and flexibility with this yoga class. You will be holding and flowing through yoga poses followed by a brief guided meditation bringing body and mind into balance. In this gentle class we will take time to feel how we move and create space in our bodies. We will safely observe and build stability through broad ranges of movement. **SCC**

Date: Friday, July 5 to July 26 (4 classes)

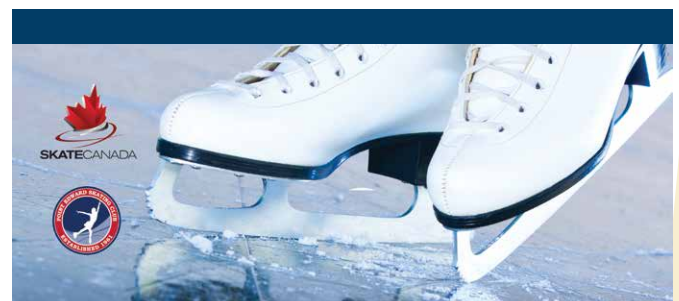
Time: 9:15am to 10:15am

Cost: Member: \$32. Non-Member: \$40

Location: Strangway Room

Instructor: Ann Bending

Activity Code: [7281](#)



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for more information visit:

www.pointedwardskatingclub.com 

Date: Friday, August 2 to August 30 (5 classes)

Time: 9:15am to 10:15am

Cost: Member: \$40. Non-Member: \$50

Location: Strangway Room

Instructor: Ann Bending

Activity Code: [7282](#)

Intergenerational Yoga: Looking for a way to spend some active time with your kids or grandkids? Come try a family yoga class this PD day. We will do some chair yoga, partner yoga and some yoga games. You will also leave with your own handmade piece of yoga gear! And of course we will have worked up an appetite so we'll finish with a healthy snack! This class is suitable for kids ages 7 to 12. Children must be accompanied by an adult. **SCC**

Date: Friday, June 7 (PD Day)

Time: 1pm to 3pm

Cost: 7 or more years old: \$25

Location: Strangway Studio

Instructor: Ann Bending

Activity Code: [7302](#)

Qi Gong: Qi Gong is a gentle form of exercise that involves the repetition of fluid movements. It integrates physical postures, breathing techniques, and focused intentions. It can be done standing or seated and exercises can be modified for almost anyone with patience who wants to learn. **SCC**

Date: Monday, May 27 to August 19

Time: 11:15am to 12pm

Cost: Member: \$5. Non-Member: \$6 (pay as you go)

Location: Strangway Studio

Instructor: Pam Chin

Sequence Ballroom Dancing - Beginner: Sequence dancing is an easy, quick and fun way to learn ballroom dance steps. If you enjoy gentle exercise, good music and a social occasion - this is the class for you. Singles are welcome to attend as assistants will be available. **SCC**

Date: Wednesday, July 3 to August 7 (6 classes)

Time: 6:30pm to 7:45pm

Cost: Member: \$34. Non-Member: \$40

Location: Strangway Room

Instructor: Anne and Ken Evans

Activity Code: [7307](#)

Stretch and Soft Yoga: This program uses healing yoga, a program that is modified to help people with injuries and illness. Regular practice of this program can benefit range of specific conditions while helping you bring flexibility, fluid movement and relieve the stress in your whole body. You don't need any previous yoga experience, but you must be able to get down onto the floor. You will need a rubber yoga mat for this class. Please arrive 10 minutes early as we will do breathing exercises if time allows. **SCC**

Date: Monday, May 27 to August 19

Time: 12:15pm to 1:15pm

Cost: Member: \$5. Non-Member: \$6 (pay as you go)

Location: Strangway Room

Instructor: Pam Chin

Tai Chi: Tai Chi is found to improve the flexibility of joints, improve balance, deepen breathing, increase circulation and is suitable for all levels of ability. The Chair Set is an option for those who have difficulty standing. **SCC**

Tai Chi Beginner Evening:

Date: Tuesday, June 4 to June 25 (4 classes)

Time: 5:30pm to 6:30pm

Cost: Member: \$24, Non-Member \$31

Location: Strangway Room

Instructor: Jim Carrothers

Activity Code: [7258](#)

Date: Tuesday, July 2 to July 30 (5 classes)

Time: 5:30pm to 6:30pm

Cost: Member: \$30, Non-Member \$38.

Location: Strangway Room

Instructor: Jim Carrothers

Activity Code: [7260](#)

Date: Tuesday, August 6 to August 27 (4 classes)

Time: 5:30pm to 6:30pm

Cost: Member: \$24, Non-Member \$31

Location: Strangway Room

Instructor: Jim Carrothers

Activity Code: [7259](#)

Tai Chi Beginner/Continuing Daytime:

Date: Monday, June 3 to June 24 (4 classes)

Time: 8:30am to 9:30am

Cost: Member: \$24, Non-Member \$31

Location: Strangway Room

Instructor: Jim Carrothers

Activity Code: [7255](#)

Date: Monday, July 8 to July 29 (4 classes)

Time: 8:30am to 9:30am

Cost: Member: \$24, Non-Member \$31

Location: Strangway Room

Instructor: Jim Carrothers

Activity Code: [7256](#)



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Date: Monday, August 12 to August 26 (3 classes)**Time:** 8:30am to 9:30am**Cost:** Member: \$18, Non-Member \$23**Location:** Strangway Room**Instructor:** Jim CarrothersActivity Code: [7257](#)***Tai Chi Continuing Evening:*****Date:** Tuesday, June 4 to June 25 (4 classes)**Time:** 6:30pm to 7:30pm**Cost:** Member: \$24, Non-Member \$31**Location:** Strangway Room**Instructor:** Jim CarrothersActivity Code: [7261](#)**Date:** Tuesday, July 2 to July 30 (5 classes)**Time:** 6:30pm to 7:30pm**Cost:** Member: \$30, Non-Member \$38**Location:** Strangway Room**Instructor:** Jim CarrothersActivity Code: [7263](#)**Date:** Tuesday, August 6 to August 27 (4 classes)**Time:** 6:30pm to 7:30pm**Cost:** Member: \$24, Non-Member \$31**Location:** Strangway Room**Instructor:** Jim CarrothersActivity Code: [7262](#)

Yoga for Core: This beginner to friendly class will build your core strength to help with posture, overall balance and stability and create support for your back. We will energize, detox and de-stress with yogic breathing, holding and flowing through poses. A brief guided meditation to end the class will bring mind and body into balance. **(SCC)**

Date: Monday, July 8 to July 29 (4 classes)**Time:** 5:30pm to 6:30pm**Cost:** Member: \$32. Non-Member: \$40**Location:** Strangway Room**Instructor:** Ann BendingActivity Code: [7279](#)**Date:** Monday, August 12 to August 26 (3 classes)**Time:** 5:30pm to 6:30pm**Cost:** Member: \$24. Non-Member: \$30**Location:** Strangway Room**Instructor:** Ann BendingActivity Code: [7280](#)

Yoga for Curious Beginners: This is a great place to start if you are interested in yoga but don't want to jump two feet into a yoga class. Each class will begin in conversation about the focus for that day. Questions and discussion are welcome throughout the class. We will then warm the body up and begin to move through some yoga poses while exploring and modifying to meet your individual capacity for balance, flexibility, focus and muscle tone. The intention will always be on making the yoga poses work for your body. There will be hand to outs and ideas for doing a bit of yoga in between classes if you would like to. We will also put together a small yoga practice you can continue on your own when the 4 week session is finished. **(SCC)**

Date: Monday, June 3 to June 24 (4 classes)**Time:** 6:45pm to 7:45pm**Cost:** Member: \$32. Non-Member: \$40**Location:** Strangway Studio**Instructor:** Ann BendingActivity Code: [7306](#)

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Sports and Recreation

Learn to Play Pickleball: Come and learn how to play the fastest growing sport in North America. This is a great course to take if you're considering joining one of our recreational pickleball programs. The detailed 4 hour course agenda includes, course objectives, fun facts, SAFETY, court & equipment descriptions, terminology, learn & practice basic shot types, object of the game, doubles player positions, how to keep score and proper pickleball etiquette. Come learn from our (CPTP) Certified Pickleball Teaching Professional. **SCC**

Date: Tuesday, June 4 to June 11 (2 classes)

Time: 12pm to 2pm

Cost: Member: \$46. Non-Member: \$53

Location: Strangway Room

Instructor: Wayne Spitzig

Activity Code: [7327](#)

Date: Saturday, June 1

Time: 10am to 2pm

Cost: Member: \$46. Non-Member: \$53

Location: Strangway Room

Instructor: Wayne Spitzig

Activity Code: [7326](#)

Pickleball: Played on a badminton sized court, using rules similar to tennis and using what looks like an oversize table tennis paddle. Come on out to exercise and have some fun in our recreational pickleball leagues! **SCC**

Pickleball (Blackwell Intermediate/Competitive):

Date: Monday, May 27 to September 16

Time: 9am to 11am

Cost: Member: \$23. Non-Member: \$25

Location: Blackwell Park Pickleball Courts Activity Code: [7328](#)

Date: Wednesday, May 29 to September 18

Time: 9am to 11am

Cost: Member: \$23. Non-Member: \$25

Location: Blackwell Park Pickleball Courts Activity Code: [7329](#)

Pickleball (Blackwell Open Recreational):

Date: Saturday, June 1 to September 21

Time: 9am to 11am

Cost: Member: \$23. Non-Member: \$25

Location: Blackwell Park Pickleball Courts Activity Code: [7330](#)

Pickleball (Cathcart Intermediate Recreational):

Date: Thursday, May 30 to September 19

Time: 6:30pm to 8:30pm

Cost: Member: \$23. Non-Member: \$25

Location: Cathcart Park

Activity Code: [7333](#)

Pickleball (Cathcart Open Recreational):

Date: Monday, May 27 to September 16

Time: 6:30pm to 8:30pm

Cost: Member: \$23. Non-Member: \$25

Location: Cathcart Park

Activity Code: [7334](#)

Date: Tuesday, May 28 to September 17

Time: 9am to 11am

Cost: Member: \$23. Non-Member: \$25

Location: Cathcart Park

Activity Code: [7335](#)

Date: Friday, May 31 to September 20

Time: 9am to 11am

Cost: Member: \$23. Non-Member: \$25

Location: Cathcart Park

Activity Code: [7336](#)



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Pickleball (Germain Intermediate Recreational):**Date:** Tuesday, May 28 to September 17**Time:** 6:30pm to 8:30pm**Cost:** Member: \$23. Non-Member: \$25**Location:** Germain ParkActivity Code: [7332](#)**Pickleball (Germain Open Recreational):****Date:** Wednesday, May 29 to September 18**Time:** 6:30pm to 8:30pm**Cost:** Member: \$23. Non-Member: \$25**Location:** Germain ParkActivity Code: [7331](#)

Men's Recreational Two-Pitch: A fun rec two to pitch league for all skill levels! Great exercise and a great time. Enter as a team or an individual and we will try to find you a team.

Date: Tuesday, May 7 to September 24**Time:** 9:30am to 11am**Cost:** Member: \$14. Non-Member: \$15**Location:** CW Ball Diamond 1 at Clearwater Community CentreActivity Code: [7283](#)

Recreational Slo-Pitch for Boomers: Join your fellow "Boomers" for some non to competitive somewhat serious slo-pitch. All skill levels welcome. Our sandlot atmosphere will bring back fond memories of neighbourhood ball games.

Date: Thursday, May 2 to September 26**Time:** 9:30am to 11am**Cost:** Member: \$14. Non-Member: \$15**Location:** CW Ball Diamond 2 at Clearwater Community CentreActivity Code: [7285](#)

Recreational Tennis: Come join this fun tennis group! A great group for all levels, including beginners. Balls are supplied but please bring your racquet. Weather permitting. **SCC**

Date: Monday to Friday, May 1 to October 31**Time:** 8am to 12pm**Cost:** Member: \$30. Non-Member: \$35**Location:** Tennis Courts at Germain Park Activity Code: [7286](#)

Walking Soccer for Adults (Co-ed): Recreational and sociable game of walking soccer. Great for soccer enthusiasts who are no longer able to run. Group splits into 2 teams. Played on turf surface.

Date: Tuesday, April 30 to October 29**Time:** 10am to 11:30am**Cost:** Member: \$23. Non-Member: \$25**Location:** Norm Perry Artificial Turf Field Activity Code: [7264](#)

Women's 50+ "Scrub" Softball: Fun, exercise, and laughs! For all levels of talent, ladies who have played in the past (doesn't matter how long ago) or if you have never played but always wanted to, now is your opportunity. If running is an issue for you, don't let that stop you from getting involved as a runner will be found for you.

Date: Thursday, May 2 to September 26**Time:** 9:30am to 12:30pm**Cost:** Member: \$14. Non-Member: \$15**Location:** CW Ball Diamond 3 at Clearwater Community CentreActivity Code: [7284](#)

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Mind & Body

Meditation with Richard: Gather to practice and share your meditation experience. We set up a tent to shade you from the sun or the rain. Bring your own zafu or stool; no chairs please (unless needed for accessibility). No previous experience required, instruction is freely given by a Soto Zen Buddhist Monk. **SCC**

Date: Thursday, June 13 to August 22

Time: 10:30am to 11:30am

Cost: By donation

Location: Japanese Garden by Germain Park

Instructor: Richard Maxwell Activity Code: [7289](#)

Mindfulness Meditation Group: A group to support your ongoing meditation practice. 30 minutes of self-guided mindfulness meditation and discussion. New members are welcome. Experience with mindfulness meditation is required since there will not be meditation instruction. Contact Deb Morris (deb.morris12@gmail.com) for more information. We will meet in Germain Park unless there is inclement weather in which case we will meet at Strangway. No cost when the program is outside. **SCC**

Date: Thursday, June 6 to July 25

Time: 1:30pm to 3pm

Cost: Member: \$2.25. Non-Member: \$5 (pay as you go)

Location: Strangway Centre Activity Code: [7301](#)

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Regular Weekly Activities - Strangway Centre

Monday	Tuesday	Wednesday	Thursday	Friday
Hobby Shop* 9am to 12pm	Hobby Shop* 9am to 12pm	Hobby Shop* 9am to 12pm	Hobby Shop* 9am to 12pm	Hobby Shop* 9am to 12pm
Painting Club* 9am to 12pm	1pm to 4pm	1pm to 4pm	1pm to 4pm	1pm to 4pm
Quilting 12:30pm to 3:30pm	Duplicate Bridge* 9am to 12pm	Carpet Bowling* 9:30am to 11am	Scrabble* 10am to 1pm	Pickleball* 10:30am to 12:30pm
Billiards* 1pm to 4pm	Social Bridge* 1pm to 4pm	Table Tennis* 9:30am to 11am	Billiards* 1pm to 4pm	Billiards* 1pm to 4pm
Cribbage* 1:30pm to 4:30pm	Euchre* 1pm to 4pm	Pepper* 1pm to 4pm	Shuffleboard* 1:30pm to 3:30pm	Chess* 1pm to 4pm
Pickleball* 3pm to 5pm		Men's 9-Ball* 1pm to 3:30pm	Mah-jong* 1:30 to 4:30pm	Pepper* 1pm to 4pm
Euchre* 6pm to 8:50pm		SUES (Ukulele) 1pm to 3:30pm Ends June 26		

***Activity token applies. Cost is \$2 member, \$5 non-member**

Painting Club – Work on painting projects together in a social atmosphere. Please bring your own materials.

Quilting – A group of volunteers who hand-quilt a quilt that is raffled off at the annual Strangway Bazaar. No activity token required.

Billiards – Join us for some pool! A variety of billiards games including the classic 8 ball, 9 ball and snooker may be played.

Cribbage – A card game for two to four players, in which the objective is to play so that the value of one's cards played reaches exactly 15 or 31.

Pickleball – A game resembling tennis/ table tennis in which players use paddles to hit a Wiffle ball over a net. Games are often played in doubles. Please bring clean shoes to play indoors. If you do not know how to play we suggest taking a course (which we offer) prior to attending.

Euchre – A card game with four players, played with the 9, 10, face and ace cards with the aim being to win at least three of the five tricks played. Prize fee applies.

Duplicate Bridge – A competitive form of bridge in which the same hands are played successively by different partnerships; a partner is required to play. If you do not have a partner please let us know as we may be able to find you one. Bridge courses are offered at the Centre if you do not know how to play. Prize fee applies.

Social Bridge – A more relaxed bridge game than duplicate bridge. No partners required. Bridge courses are offered at the Centre if you do not know how to play.

Carpet Bowling – A game that resembles lawn bowling, played indoors with round or slightly asymmetric balls on a carpet.

Table Tennis – An indoor game based on tennis, played with small paddles and a ball bounced on a table divided by a net.

Pepper – Similar to euchre but with bidding. A \$0.50 prize fee is required.

SUES (Ukulele) – Strangway Ukulele Ensemble. A fun group of ukulele enthusiasts who play at various gigs around Sarnia (such as long term care homes). You must know how to play the ukulele to join (we offer a course at the Centre).

Scrabble – A board game in which players use lettered tiles to create words in a crossword fashion.

Shuffleboard – A game played by pushing disks with a long-handled cue over a marked surface. Our shuffleboard courts are on a wood floor. Disks can be pushed from a seated position.

Mah-jong – A game of Chinese or Philippine origin usually played by four persons with 144 dominoes like pieces or tiles marked in suits, counters, and dice, the object being to build a winning combination of pieces. If you don't know how to play please drop in to our group and we would be happy to teach you!

Chess – A game for two players each of who moves 16 pieces according to fixed rules across a checkerboard and tries to checkmate the opponent's king.

Please note: All necessary supplies are supplied for Daily Activities by the Centre unless noted otherwise. A token fee applies (unless otherwise stated).

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Art

Card Making: A monthly card making group with Stampin' Up! Fee includes instruction and all materials to make two cards.

Samples can be seen at the Strangway Centre. **SCC**

Date: Wednesday, June 26

Time: 10am to 11am

Cost: Member: \$11.50. Non-Member: \$13.50

Location: Strangway Craft Room

Instructor: Angela Brodhagen

Activity Code: [7303](#)

Languages

French - Basic: Learn French in this true conversational course. We will learn the language fundamentals including: pronunciation of consonants, vowels, combo sounds and accents. We will also cover terms which are important for travelling in French speaking countries including counting, telling time, days, months and seasons, money and credit cards, small talk and meals and restaurants. **SCC**

Date: Wednesday, July 3 to August 21 (8 classes)

Time: 1pm to 2:30pm

Cost: Member: \$84. Non-Member: \$96

Location: Strangway Craft Room

Instructor: Suzanne Quinn

Activity Code: [7324](#)

French - Intermediate: A continuation to the beginner program. We will cover: pronouns and verbs, present tense, past and future tense as well as terms related to transportation, shopping and travel. **SCC**

Date: Wednesday, July 3 to August 21 (8 classes)

Time: 2:30pm to 4pm

Cost: Member: \$84. Non-Member: \$96

Location: Strangway Craft Room

Instructor: Suzanne Quinn

Activity Code: [7325](#)

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Interests

Garden Planter Workshop: Learn how to plant a beautiful garden container. Instruction provided by Germain Maintenance staff. Includes lesson, flowers, container and supplies.

Date: Wednesday, May 15

Time: 6pm to 7:30pm

Cost: \$45 one planter, \$90 two planters, \$35 bring your own planter

Location: Germain Maintenance Centre at Germain Park

Activity Code: [7304](#)

Date: Saturday, May 18

Time: 10am to 11:30am

Cost: \$45 one planter, \$90 two planters, \$35 bring your own planter

Location: Germain Maintenance Centre at Germain Park

Activity Code: [7305](#)

The Lambton Outdoor Club is an organization that promotes participation in outdoor activities. It has been in existence for over 25 years and offers a year-round schedule for all kinds of physical activities including hiking, camping, biking, paddling and winter sports.

The club offers a way to get exercise while having fun. It is also an opportunity to learn or improve skills from experienced members.

There is also an important social component where members dine, share potlucks and watch presentations from previous trips or guest speakers.

The LOC offers a wonderful opportunity to have fun, meet new people and be active. Check out the website today for upcoming summer outdoor activities,

www.lambtonoutdoorclub.org

Women in Touch: A social group for women with various outings, activities and dinner outings each month. Please contact us to become involved in our fun group!

Contact: Lynne Betteridge, lbetteridge@cogeco.ca or Strangway: 519 332 0656

Cost: \$10 annual fee

Men's Morning: A social group for men to meet new friends and shoot the breeze with the guys. Coffee and breakfast items will be available (for a fee).

Date: First Thursday monthly

Time: 9am to 10:30am

Location: Strangway Cafe

Cost: Free

Services

Diabetes Clinic: Sponsored by Hogan Pharmacy. Qualified staff provide you with consultation on your health status, test blood sugar and provide health information. **SCC**

Date: First Thursday of the Month

Time: 9am to 12pm

Location: Lobby

Cost: Free

Footcare: Footcare services provided by a trained pedicurist. The clinic is able to accommodate the following conditions: reduced callouses, thickened nails, removed corns, athletes foot, ingrown toenails, fungus and trim and file nails. You do not need to bring anything with you (towel and soak tub are provided). Treat your feet with the care they deserve!

www.sarniacommunityactivitiesguide.ca

Contact the Centre to register: 519 332 0656. **SCC**

Date: June 8, 22, July 6, 20, August 10, 24

Time: 9am to 12pm *Appointments are 30 minutes.*

Cost: \$35

Location: Strangway Craft Room

Instructor: Julie Coulombe

The Hearing Booth: A certified team of hearing healthcare professionals from Hear For Life will be available to evaluate hearing, discuss hearing loss and the latest hearing aid technology, clean and check aids and provide complimentary batteries. **SCC**

Date: Second Tuesday of the Month

Time: 10am to 12pm

Location: Lobby

Cost: Free



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Strangway Special Events

Rights and Resilience - Making the Best of Your Later Years:

Presented by SLEAAN for World Elder Abuse Awareness Day. This day will include a morning and afternoon session with educational speakers. More details to be announced.

Date: Monday, June 17

Strangway 30th Anniversary:

Join us to help us celebrate 30 great years! We will be featuring a showcase of just a few of our talented program groups. The Borderlite Trio will be providing the entertainment for our dance from 2 to 4pm. Dance sponsored by the Strangway Auxiliary. More details to be announced.

Date: Tuesday, June 18



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December 30 - January 1

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Day Trips

Annie at the Drayton Festival Theatre: We are off to the Drayton Festival to enjoy a performance of the popular "Annie". This show is "set in 1930s New York during The Great Depression, brave young orphan Annie is forced to live in a miserable orphanage run by the wicked Miss Hannigan. Her hard knock life takes an unexpected turn when the plucky redhead is chosen to spend a fairy tale holiday with famous billionaire industrialist, Oliver Warbucks." We will be enjoying a homestyle buffet lunch at the Crossroads prior to the performance. Price includes ticket to show, lunch, transportation, and HST.

Date: Thursday, June 13

Time: 9am to 7:15pm

Cost: Member: \$118. Non-Member: \$123

Register by: May 8

Activity Code: [7252](#)

Winery Tour: Join us for a day away! We will start the day at Coyle's Country Store for a shopping stop, followed by tour, tasting and a scone at Blueberry Hill Winery. After we will enjoy a perch lunch at Erie Beach Hotel. We will end the day with a tour and wine tasting at Bonnieheath Estate Lavender. Price includes tours, lunch, transportation, and HST.

Date: Monday, June 24

Time: 7:45am to 7:30pm

Cost: Member: \$105. Non-Member: \$110

Register by: May 31

Activity Code: [7308](#)

Stratford Festival Billy Elliot: We are off to the Stratford Festival to enjoy a performance of Billy Elliot, a musical about a young boy with a talent for dance. We will start out our day at Rheo Thompson's candies for samples and shopping. Be sure to try the mint smoothie! After we will have a buffet lunch at the Festival Theatre, followed by a 2pm performance. Price includes samples at Rheo Thompson's, buffet lunch ticket to the show, transportation, and HST.

Date: Thursday, September 19

Time: 8:30am to 9pm

Cost: Member: \$140. Non-Member: \$145

Register by: July 31

Activity Code: [7310](#)

Coming Soon!

July Day Trip: Lake Huron Coast

August Day Trip: Toronto

October: Mystery Trip



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Summer Entertainment Series

The Summer Entertainment Series comprises a whole summer's worth of incredible local talent, featured weekly from June to August. The Series has expanded to four different locations, featuring three miniseries, including Kenwick on the Lake at Kenwick Park, Music in the Garden at Germain Park, and Get Out of the Garage, at the Suncor Agora. The main series, On the Waterfront, features concerts at both the Suncor Agora and the Canatara Park Bandshell. The series are generally geared towards a 25+ age group, while our newest series, Get Out of the Garage, in partnership with Sarnia-Lambton Rebound, features Sarnia's newest up and coming youth (ages 21 and under) bands and musicians. In 2019, these bands will compete on the Suncor Agora stage in Centennial Park for a chance to play at the annual Canada Day evening celebrations. **All concerts begin at 7pm.**

Attention Youth Ages 21 and Under: If you're part of a band who's interested in performing at the Get Out of the Garage miniseries and/or Battle of the Bands event, please connect with Parks and Recreation at 519-332-0527 #3201 or parksandrecreation@sarnia.ca. Rock on!

For a breakdown of all the series, please visit the City of Sarnia website.

June 4 (10 Rain Date)	OPENING NIGHT, Scottish Night, Suncor Agora
June 5	Big Highway, Canatara Park Bandshell (Canadian Rock and Blues)
June 6	Rockwork, Canatara Park Bandshell (Classic Rock)
June 7	Get Out of the Garage Youth Performance, Suncor Agora
June 11	Forest Excelsior Band, Suncor Agora (Community Stage Band)
June 12	Seaway Sounds Sweet Adelines and Friends, Canatara Park Bandshell (Choral Groups)
June 13	Madog Trio, Canatara Park Bandshell (Variety)
June 14	Get Out of the Garage Youth Performance, Suncor Agora
June 18	4 Barrel Blues Band, Suncor Agora (Blues/Classic Rock)
June 19	The Casuals, Canatara Park Bandshell (Variety)
June 20	Relic, Canatara Park Bandshell (Country/Rock and Roll)
June 21	Get Out of the Garage Youth Performance, Suncor Agora
June 25	El Camino, Suncor Agora (Rock & Roll)
June 26	Borderline Band, Canatara Park Bandshell (Country/Classic Rock, Old & New)
June 27	Dynamic Duel, Canatara Park Bandshell (Variety)
June 28	BATTLE OF THE BANDS: Get Out of the Garage, Suncor Agora
July 2	The Persuaders, Suncor Agora (Country/Oldies)
July 3	Thorn & Roses, Canatara Park Bandshell (Country, Rock, Pop)
July 3	BobCatz, Kenwick Park Gazebo (Variety)
July 4	Life Signs, Germain Park Garden (50s & 60s)
July 8	Christine Storey and Debbie Wellington, Suncor Agora (Fiddling/Keyboard)

July 9	The Siteks, Suncor Agora (Jazz and Blues)
July 10	Karen Emeny, Canatara Park Bandshell (Folk, Pop, Country, Alternative)
July 10	Trio #1, Kenwick Park Gazebo (Variety)
July 11	Missy Burgess, Germain Park Garden (Variety)
July 15	Bluewater Chordsmen and Guests, Suncor Agora (Male Barbershop Quartets/Acapella)
July 16	Rob Dickson and Friends, Suncor Agora (Rock, Country, Party Mix)
July 17	Sisters of Soul, Canatara Park Bandshell (Upbeat Gospel/Motown)
July 17	Blast from the Past, Kenwick Park Gazebo (50s & 60s Rock/Old Country)
July 18	DJ2, Germain Park Garden (Variety)
July 22	The Wade Sisters, Suncor Agora (Country)
July 23	Cordcalling, Suncor Agora (Indie Rock Duo)
July 24	Catchin' the Groove, Canatara Park Bandshell (Variety)
July 24	Celtic Hillbillies, Kenwick Park Gazebo (Variety)
July 25	Bluewater Ceili Band, Germain Park Garden (Celtic)
July 29	The Fat Catz, Suncor Agora (Rock & Jazz Fusion)
July 30	The Overtones, Suncor Agora (Light Rock and Jazz)
July 31	The Rents 5.0, Canatara Park Bandshell (Country)
July 31	Electric Grandparents, Kenwick Park Gazebo (Roots Americana visits New Orleans)
August 1	Strum N Drum, Germain Park Garden (Acoustic Variety)
August 6	Joyful Noise Percussion Group, Suncor Agora (Percussion)
August 7	Bill Hines, Canatara Park Bandshell (Contemporary Old and Folk)
August 7	Signature, Kenwick Park Gazebo (Variety)
August 7	Jim Lahey and Caitlin Mason (Variety)
August 8	MJM - Musical Memories with Janet, Germain Park Garden (Variety)
August 12	The Goodfellas, Suncor Agora (Classic Rock, Country, 80s & 90s)
August 13	The R.E.D. Line Band, Suncor Agora (Old & New Country)
August 14	Town and Country, Canatara Park Bandshell (Country, Blues, Jazz)
August 14	Blackmore & Blackmore, Kenwick Park Gazebo (Variety)
August 15	Jules Cee and Friends, Germain Park Garden (Variety)
August 19	Jared Lutes, Suncor Agora (Variety)
August 20	Joan Spalding & the Foggy Mountain Band, Suncor Agora (Country Western, Dance)
August 21	Bluewater Cloggers, Canatara Park Bandshell (Cloggers)
August 21	Fiddles and Flutes: Old Time Ceili Music, Kenwick Park Gazebo
August 22	Macsmusic, Germain Park Garden (Variety)

City of Sarnia Events

Special thank you to **The Sarnia Community Foundation** who has provided generous funding to the 2018/2019 Sarnia Summer Events Program, featuring Kids Funfest, the Summer Entertainment Series, the Children's Art Workshop, Hobbyfest, and Encore. It is thanks to community organizations, such as the Sarnia Community Foundation, that we may continue to offer such programs and events.

Easter in the Park

Inflatables, face painting, an Easter craft station, train rides, and much more! Join us for this year's Easter in the Park Celebration at Canatara Park. Refreshments and a BBQ lunch provided by the Seaway Kiwanis Club.

Date: Saturday, April 20

Time: 9am to 12pm

Circus Jonathan Performances: 9:30am and 11:30am

Don't forget to bring your own basket for the Annual Easter Egg Hunt and visit from the Easter Bunny at 10am.

Cost: FREE!

Community Parks Clean-Up Day

Celebrate Earth Week by joining the City of Sarnia in cleaning up our City parks, trails, boulevards, and public spaces! Gather and assemble a crew, identify a park space you would like to clean, and register that site with our Parks and Recreation Department. Registration details on the City of Sarnia website.

Date: Saturday, April 27, 2019

Time: 10am to 12pm

The Rotary Club of Sarnia-Lambton After-Hours BBQ 12pm to 12:30pm (Area One Pavilion, Canatara Park)

Special thank you to NOVA Chemicals, The Rotary Club of Sarnia-Lambton After-Hours, the Environmental Advisory Committee, Bluewater Trails, the Lambton Outdoor Club and Lambton Public Health.

Kids Funfest

A local event for the community, Kids Funfest invites the participation of community groups to engage children in learning about healthy living. Children and families are exposed to all of the opportunities that exist within the Sarnia-Lambton community. From face painting, inflatables, and storytelling, to sports demonstrations, life-sized games, and more, Kids Funfest is the spot to be! To register your club or organization, contact **Parks and Recreation at 519-332-0527 #3210** or email parksandrecreation@sarnia.ca.

Enter into this year's Logo Contest for a chance to have your hand-drawn logo featured on this year's poster and volunteer t-shirts! Visit the City of Sarnia website for more information, or to sign-up as a volunteer.

Date: Saturday, June 8, 2019

Time: 9am to 2pm

Location: Clearwater Park

Canada Day: Parade, Festivities, and Fireworks 2019

Date: Monday, July 1, 2019

2019 Theme: This is Why We Love Canada

Parade: 11:30 am (*Lakeshore at Colborne*) Ending in Canatara Park
Canatara Park Daytime Festivities: 11am to 4pm

Opening Ceremonies: 1:30pm at Canatara Park Bandshell.

Evening Entertainment: Sarnia Waterfront and Suncor Agora

The Schedule

Throughout the day at Canatara Park, festivities will include multicultural entertainment on the Bandshell, multicultural food booths in the Open Field, a Handmade Craft Market at the Area One Pavilion, inflatables, stage entertainment, face painting, train rides, and more!

At 6 pm, concerts will begin at the Suncor Agora in Centennial Park, alongside a variety of food vendors, and various entertainers. The Canada Day Fireworks display will cap off the day's events at 10 pm, followed by a short closing night performance from One Man Out at 10:20pm - 11pm.

Handmade Craft Market, Concessions, and Parade applicants can complete an application form available for download at our City website.

All completed forms may be returned to the Parks and Recreation Office, third Floor, Sarnia City Hall.

Please like our event page on **Facebook** for the most up to date schedule. For further information, please call

519-332-0527 #3210

Hobbyfest

This one-day festival has grown in its diversity each year. Hobbyfest continues to give local groups and organizations the opportunity to increase their visibility in the community, show off/share their achievements and recruit new members. Hobbyfest is a fun, relaxing, educational event that encourages the community to participate in hands-on interactive demonstrations and displays. To register your club or organization, contact **Parks and Recreation at**

519-332-0527 #3210

Date: Saturday, August 24, 2019

Time: 9am to 2pm

Location: Germain Park and the Strangway Centre

Encore: The Piano Program

The City of Sarnia Parks and Recreation Department in partnership with the Parrotheads on the St. Clair and the Lawrence House Centre for the Arts present, Encore. In the summer of 2018, the Parrotheads on the St. Clair donated a piano from a Community Centre in Oil City to the Parks and Recreation Department for public, outdoor use. The piano was temporarily housed in the courtyard of the Lawrence House, where it was painted in tropical colours and themes by members of the Hub, artists from the community and artists from the Lawrence House. It was ready for official use on the August First Friday. After one month at the Lawrence House, the 2018 piano was donated to Harmony for Youth where it now resides in Bayside Mall.

Interested in housing next year's colourful piano? Please complete the downloadable PDF available on the City of Sarnia website. Applications will be accepted year-round, and a winner will be drawn at random on September 1. For further information, please connect with Parks and Recreation at 519-332-0330 #3210 or email parksandrecreation@sarnia.ca.

Time: Weather permitting, the piano is available to play from August First Friday to September First Friday, every day during working hours and some evenings. The week after the September First Friday, the decorated piano is delivered to a new home in the community.

Special thank you to the Parrotheads on the St. Clair, and The Lawrence House Centre for the Arts.

Community Events

Please note that all events are subject to changes and/or cancellations. Consult the online community events calendar at the City of Sarnia website for the most up to date schedule.

April 5 - 7	Sarnia Home Show, Clearwater Arena
April 13	Bright's Grove Easter in the Park
April 20	Easter in the Park, Canatara Park
April 27	Community Parks Clean-Up Day
May 4	Sarnia Walk for Muscular Dystrophy, Canatara Park
May 4	Steps for Life Walk, Canatara Park and Kiwanis Pavilion
May 5	Walk So Kids Can Talk Presented by BMO, Canatara Park and Kiwanis Pavilion
May 10	Emergency Preparedness Day, Clearwater Arena
May 12	Mother's Day Walk/Run for Breast Cancer, Canatara Park
May 25	3 on 3 Ball Hockey Tournament, Canatara Park
May 25	JDRF Walk to Cure Diabetes, Canatara Park
May 26	IG Wealth Walk for Memories, Suncor Agora
June 2	Gutsy Walk, Canatara Park
June 2	YMCA CHOK International Bridge Race, Canatara Park
June 8	Kids Funfest, Clearwater Park
June 8	Beachside Pride, Canatara Park
June 11	Ride Don't Hide School Ride, Canatara Park
June 13	Age-Friendly Seniors Expo
June 14	Relay for Life, Clearwater Park
June 16	Huron House Boys' Home Father's Day Walk/Run/Skate/Bike, Mike Weir Park
June 19-20	Carpenters Local 1256: Provincial Apprentice Contest, Canatara Park
June 22	Bright's Grove Canada Day, Kenwick Park

June 22	Sarnia Block Party, Suncor Agora
June 23	Cruise in the Park, Canatara Park
June 24	Sarnia Seniors' Cruise and Lambton elderly Outreach Event, Duc d'Orleans
June 28	Get Out of the Garage: Battle of the Bands, Suncor Agora
July 1	Canada Day, Canatara Park and Centennial Park
July 5 - 7	Sarnia Kin Ribfest, Centennial Park
July 5 - 6	Beats on the Street, Downtown Sarnia at Refined Fool
July 7	VegFest, Canatara Park
July 7 - 29	Gospel by the Bay, Centennial Park
July 13	Stephanie Shaw Memorial Ball Hockey Tournament, Canatara Park
July 13	Noelle's Gift Family Fun Day, Tecumseh Park, Pool, and Splash Pad
July 20	Doggie Paddle Beach Fest, Canatara Park
July 20	Skate Jam, Tecumseh Park
July 25	Exit Realty Outdoor Movie Night, Canatara Park
July 27	Unleashed, Front Lawn at Stoke's Bay
July 27	Bright's Grove Music Fest, Kenwick Park
July 27 - 28	Bluewater Triathlon/Duathlon, Wildwood Park
August 1	Cool Cars, Hot Nights, Canatara Park
August 4	Bluewater International Granfondo, Mike Weir Park
August 9 - 11	Sarnia Tall Ships Celebration, Bluewater Borderfest and ARTZscape, Centennial Park and Sarnia Harbour
August 11	Sarnia Family Fun Day, Canatara Park
August 20	Libro Outdoor Family Movie Night, Canatara Park
August 24	Hobbyfest, Germain Park and the Strangway Centre









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Beaches in Sarnia

Canatara Beach

Lifeguards will be on duty to patrol a designated area of Canatara Beach beginning **June 22 to August 25, 2019**. They will be available **7 days per week from 11:30 am to 5 pm**.

- **Beach Volleyball** Courts are available for public use. Nets and balls can be signed out at the Lifeguard Shack during regular lifeguard duty hours.
- **Accessible Beach Chair.** The City has an accessible beach wheelchair that can be used for beach participants that would like to roll over the sand to the water's edge with ease at Canatara Beach. The beach chair is available for public use and free of charge during regular lifeguard duty hours.
- The beach wheelchair was made possible through a donation from the Shannon Ladies Memorial Volleyball Tournament several years ago.
- **Beach Matting.** The City has purchased 50 feet of beach matting that is designed to make beaches accessible for people who use wheelchairs or walkers as well as parents with children in strollers. The five foot wide beach matting

will be used at Canatara Beach this summer and is located at the sidewalk that extends out to the beach.

- **Lifejackets** are available free of use and please visit the lifeguard shack for proper size and sign out during regular lifeguard duty hours.
- **City of Sarnia** has once again applied for Blue Flag Status. Blue Flag is a highly respected eco certification program that awards beaches that meet international standards and more. In order to attain Blue Flag award, our beach will have to meet 27 criteria categories under the Environment Education & Information, water quality, beach management, safety and services.

For more information please contact City Hall.



A Community of Action begins with Volunteering

vonsarnialambton.ca/volunteer
519-542-2310

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Stressed caregiver? Find caregiver and respite supports
Bored? Find recreation centres, youth programs, seniors centres and sports clubs

Make the Connection. Call 2-1-1

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Recreation and Sports Associations (continued on page 30)

Organization	Phone	Website
Bluewater Anglers	519-344-9821	www.bluewateranglers.com
Bluewater Boxing Club	519-330-7021/519-331-2551	wade_fleming@live.ca
Bluewater Chordsmen	519-339-9927	www.bluewaterchordsmen.com
Bluewater Taekwondo	519-383-0570	www.bluewatertaekwondo.com
Bluewater Gymnastics	519-542-3062	www.bluewatergymnasticsclub.com
Bluewater Rowing	519-542-8862, ext8046	
Bluewater Sharks	519-344-8624	www.bluewatersharkshockey.com
Bluewater Ski Club	519-331-6338	www.bluewaterskiclub.com
Boarder Pass	1-855-383-RIDE	www.boarderpasscanada.com
Community Active Living Lambton	519-344-2062, ext2119	www.lambtonhealth.on.ca
Dynamic Academy of Martial Arts	519-344-3221	www.sarniamartialarts.org
Fury Weightlifting Club (O.W.A.)	519-383-7373	
Handweaver & Spinners Guild	519-336-3737 (After 6pm)	
Hoops Basketball	519-383-7492	www.hoopsallstar.ca
Huron Lakers Girls Basketball	519-332-8202	www.huronlakers.on.ca
Iron Eagles Powerlifting & Weight Training	519-542-3471, ext262	
Lambton Bowhunters	519-542-2617	sites.google.com/site/lambtonbowhunters/home
Lambton College Athletics	519-542-7751, ext3286	
Lambton County Fiddlers - Contact: Ron Schieck	519-542-8020/519-869-2738	
Lambton Junior Sting AAA Hockey		www.lambtonjrsting.ca
Lambton Lions Football	519-542-1994	www.lclions.ca
Lambton Outdoor Club	519-312-3030	www.lambtonoutdoorclub.org
Lambton Shores Darts (Sarnia Premiere Dart League)		www.lambtonshoresdarts.com Steelhawks@hotmail.com
Lambton St. Clair Athletic Club	519-332-5868	
Marcin Bowl 5 pin YBC League	519-344-1169	www.marcinbowl.ca
North Stari Tai Chi	519-344-7063	
Pathways Health Centre for Children	519-542-3471	www.pathwayscentre.org
Play it Again Sports Dive Centre	519-542-1011	www.playitagainsportssarnia.com
Rivard's Power Skating & Hockey Academy	519-671-2808	www.rivardpowerskating.ca
River City Boxing Club	519-383-8463	www.rcv.org




The Downward Pageview




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Yoga for Book Lovers



The Plot Twist



The Poetic Prose Pose



The Final Chapter

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Recreation and Sports Associations (continued from page 29)

Organization	Phone	Website
Rivercity Karate-Jutsu Club	519-344-8741	
Sarnia Athletics Southwest Track & Field		www.sarniaasw.com
Sarnia Badminton Club	519-466-3677	www.badmintonontario.ca
Sarnia Ballroom Dancing Club	519-542-5426	www.sarniaballroomdancingclub.ca
Sarnia Braves		www.sarniabrades.org
Sarnia Bulldogs Inline Jr Hockey	519-337-3042	
Sarnia City Beach Volleyball League	519-332-8022	
Sarnia Croquet Club	519-869-2864	www.croquet.ca/clubs/sarniaclub.html
Sarnia & District Horticultural Society	519-332-5837	www.gardenontario.org
Sarnia F.C.		www.sarniafc.ca
Sarnia Fencing Club	519-541-1811 Ext 8046	sarniafencingclub@gmail.com
Sarnia Fighting Irish Basketball	519-339-9822	
Sarnia Girls Hockey	519-542-7821	www.sarniagirlshockey.com
Sarnia Girls Soccer Club	519-542-8384	www.sarniagirlssoccer.com
Sarnia Golf & Curling Club	519-336-2201, ext234	www.sgcc.on.ca
Sarnia Hockey Association		www.sarniahockey.com
Sarnia Imperials Football		www.sarniaimperialsootball.com
Sarnia Junior B Lacrosse Cha Co Pacers		www.sarniajrpbacers.org
Sarnia Lacrosse		www.sarnialacrosse.com
Sarnia Lawn Bowling Club	519-336-9419	www.sarniasports.com/LawnBowling darrylemmel@yahoo.com
Sarnia Legionnaires Junior B Hockey Club	519-336-8464	www.sarnialegionnaires.com
Sarnia Minor Pacers Lacrosse	519-344-8091	www.sarniajrpbacers.org
Sarnia Roadrunners	519-542-8848	www.sarniaroadrunners.com
Sarnia Saints R.F.C.		www.sarniarugby.com
Sarnia Sting Hockey	519-542-4494	www.sarniasting.com
Sarnia Tennis Club	519-337-3091	www.sarniatennisclub.com
Sarnia Ultimate Frisbee	519-332-8098	www.sarniaultimate.com
Sarnia Wrestling Association	519-466-7403	www.sarniawrestling.ca
Sarnia Yacht Club	519-332-6779	www.sarniayachtclub.ca
Sarnia Y.M.C.A. Rapids Swim Team		www.sarniaswimming.ca
Skate Sarnia	519-542-2784	www.skatesarnia.net
S.M.A.A. 10 pin Bowling	519-332-1896	www.sarniaminorathletic.com
S.M.A.A. Baseball	519-332-1896	www.sarniaminorathletic.com
S.M.A.A. Fastball Girls	519-332-1896	www.smaafastball.com
S.M.A.A. Football		www.sarniaminorfootball.com smaafastball@hotmail.com
S.M.A.A. Golf	519-332-1896	www.sarniaminorathletic.com
S.M.A.A. Inline Hockey	519-332-1896	www.sarniaminorathletic.com
S.M.A.A. Sarnia Minor Athletic Association	519-332-1896	www.sarniaminorathletic.com
Special Olympics Sarnia	519-312-3170	http://sarnia.specialolympicsontario.ca or www.facebook.com/soosarnia/
Sports for Disabled Lambton	519-542-7456	www.sdlambton.com
St. Clair Mini Colts Basketball Teams	519-332-1140, ext12338	www.stclairminicolts.com
St. Clair Taekwondo	519-336-8856	www.stclairtkd.com
Taoist Tai Chi Society		www.taoist.org
Triple C Carvers	519-542-2244	
Twin Bridges Volleyball	519-542-9566	www.twinbridgesvbc.ca
Valhalla Youth Basketball Association	519-490-1872	www.valhallabasketball.org

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BLUEWATER
POWER
GROUP OF COMPANIES

Mayor and City Councillor Names and Contact information

MIKE BRADLEY, Mayor

City Hall: 255 North Christina Street,
Sarnia, ON N7T 7N2
Phone: 519-332-0330 Extension 3312
Fax: 519-332-3995
Home: 155 North Front Street, Apt. #705
Sarnia, ON N7T 7V5
Phone: 519-336-8092
Email: mayor@sarnia.ca

MARGARET BIRD, City and County Councillor

2992 Lakeshore Road
Bright's Grove, ON N0N 1C0
Phone: 519-869-8687
Email: margaret.bird@sarnia.ca

DAVE BOUSHY, City and County Councillor

1413 Lakeshore Road, Sarnia, ON N7S 2M3
Phone: 519-542-3109
Email: dave.boushy@sarnia.ca

TERRY BURRELL, City Councillor

954 Champlain Road
Sarnia, ON N7V 2G2
Phone: 519-336-5545
Email: terry.burrell@sarnia.ca

NATHAN COLQUHOUN, City Councillor

102 College Ave S
Sarnia, ON N7T 2Z3
Phone: 519-381-1857
Email: nathan.colquhoun@sarnia.ca

BILL DENNIS, City Councillor

1013 Mike Weir Drive
Bright's Grove, ON N0N 1C0
Phone: 519-330-0835
Email: bill.dennis@sarnia.ca

MIKE STARK, City and County Councillor

1333 Coral Way
Sarnia, ON, N7V 3R9
Phone: 519-542-2054
Email: mike.stark@sarnia.ca

GEORGE VANDENBERG, City Councillor

1066 Gurd St.
Sarnia, ON N7S 2G6
Phone: 519-464-7584
Email: george.vandenberg@sarnia.ca

BRIAN WHITE, City and County Councillor

c/o City of Sarnia
255 Christina St. N., Sarnia
Business: 519-464-2585
Email: brian.white@sarnia.ca

City Service Directory

City Hall, Tel: 519-332-0330

A

Accessibility

519-332-0527 Ext 3307
access@sarnia.ca

Accounts Payable

519-332-0527 Ext 3244
ap@sarnia.ca

Accounts Receivable

519-332-0527 Ext 3236
ar@sarnia.ca

After Hours City Emergencies (Animal Control / Parks / Public Works)

519-344-8861 Sarnia Police

Animal Control

519-336-5049
bylawenforcement@sarnia.ca

Arenas (Ice Time, Rental)

519-332-0527 Ext 3211
parksandrecreation@sarnia.ca

B

Bingo & Lottery Licenses

519-332-0527 Ext 3350
customerservice@sarnia.ca

Boards & Committees

519-332-0527 Ext 3264
clerks@sarnia.ca

Bus Pass Information / Schedules / Tickets

519-332-0527 Ext 3131
customerservice@sarnia.ca

Business Licenses

519-332-0527 Ext 3350
customerservice@sarnia.ca

Business Development & Business Park Inquiries

519-332-0527 Ext 3343 or
1-877-472-7642
economic@sarnia.ca

By-Law Enforcement (Animal Control, Parking & Property Standards)

519-336-5049
bylawenforcement@sarnia.ca

C

Call Before You Dig (Utility Locates)

1-800-400-2255

Care-a-Van Bookings

519-336-3789
transit@sarnia.ca

Chief Administrative Officer

519-332-0527 Ext 3314
cao@sarnia.ca

City By-Laws

519-332-0527 Ext 3264
clerks@sarnia.ca

Committee of Adjustment

519-332-0527 Ext 3344
planning@sarnia.ca

Compost Site

519-344-1932
engineering@sarnia.ca

Council Inquiries

519-332-0527 Ext 3263
clerks@sarnia.ca

D

Dog Licenses

519-332-0527 Ext 3131
customerservice@sarnia.ca

E

Emergencies

Dial 911

Employment Inquiries

519-332-0527 Ext 3346
hr@sarnia.ca

Encroachments

519-332-0527 Ext 3359
engineering@sarnia.ca

Engineering Inquiries (Roads, Sewer, Shoreline Protection, Water)

519-332-0527 Ext 3383
engineering@sarnia.ca

Environmental Advisory Committee

519-332-0527 Ext 3295
planning@sarnia.ca

F

Façade Loans

519-332-0527 Ext 3294
planning@sarnia.ca

Facility Rentals (Parks, Sportsfields)

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

Finance Inquiries

519-332-0527 Ext 3254
finance@sarnia.ca

Fire Administration / Public Education / Inspections / Burn Permits

519-332-1122
firerescue@sarnia.ca

Forestry ((City) Down Trees & Tree Trimming)

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

Freedom of Information Inquiries

519-332-0527 Ext 3263
clerks@sarnia.ca

G

Garbage & Recycling

519-344-1932
engineering@sarnia.ca

H

Heritage Committee

519-332-0527 Ext 3293
planning@sarnia.ca

Home Occupation Permits

519-332-0527 Ext 3285
planning@sarnia.ca

Hydrant Use

519-344-1932
engineering@sarnia.ca

I

In Town Charters

519-332-0527 Ext 5300
transit@sarnia.ca

Insurance Matters

519-332-0527 Ext 3320
clerks@sarnia.ca

L

Library – Bright's Grove

519-869-2351
brightsgrove.library@county-lambton.on.ca

Library – Mallroad Branch

519-542-2580
mallroad.library@county-lambton.on.ca

Library – Sarnia 122 Christina Street S.

519-337-3291
sarnia.library@county-lambton.on.ca

Long Grass & Weed Complaints

519-336-5049
bylawenforcement@sarnia.ca

M

Marriage Licenses

519-332-0527 Ext 3350
customerservice@sarnia.ca

Marriage (Civil) Ceremony

519-332-0527 Ext 3320
tietheknot@sarnia.ca

Mayor's Office

519-332-0527 Ext 3308
mayor@sarnia.ca

Municipal Drains

519-332-0527 Ext 3267
engineering@sarnia.ca

Municipal Election Inquiries

519-332-0527 Ext 3320
clerks@sarnia.ca

O

Official Plan & Zoning Inquiries

519-332-0527 Ext 3303
planning@sarnia.ca

P

Parks Inquiries

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

Parking Tickets

519-336-5049
bylawenforcement@sarnia.ca

Permits (Building, Demolitions, Signs, Pools)

519-332-0527 Ext 3303
building@sarnia.ca

Planning Mapping Information

519-332-0527 Ext 3285
planning@sarnia.ca

Pools, Spray Park, Beaches

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

Property Assessment (MPAC)

1-866-296-6722

Property Standards

Enforcement
 519-336-5049
bylawenforcement@sarnia.ca

Public Swimming

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

Purchasing & Tender Inquiries

519-332-0527 Ext 3252
purchasing@sarnia.ca

R

Recreation Programs (Camps)

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

Recycling

519-344-1932
engineering@sarnia.ca

Road Maintenance Inquiries

519-332-0527 Ext 2220
engineering@sarnia.ca

Road Permits (Curb Cut, Fill, Hoarding)

519-332-0527 Ext 3355
engineering@sarnia.ca

RV's Sanitary Dump Station

519-332-0527 Ext 3277
engineering@sarnia.ca

S

Service Connections (Water & Sewer)

519-332-0527 Ext 3355
engineering@sarnia.ca

Sewer and Water Maintenance Inquiries

519-332-0527 Ext 2220
engineering@sarnia.ca

Sewer Locates

519-332-0527 Ext 3286
engineering@sarnia.ca

Sign Repair (Street Signs)

519-332-0527 Ext 2220
engineering@sarnia.ca

Site Plan Approvals

519-332-0527 Ext 3303
planning@sarnia.ca

Snow Removal

519-332-0527 Ext 2220
engineering@sarnia.ca

Strangway Adult Recreation Centre

519-332-0656
strangway@sarnia.ca

Street Lights

519-337-8201 Option 5
Subdivision Approvals

519-332-0527 Ext 3293
planning@sarnia.ca

Swimming Lessons

519-332-0527 Ext 3201
parksandrecreation@sarnia.ca

T

Tax (Property) Inquiries & Pre-Authorized Payments

519-332-0527 Ext 3216
taxes@sarnia.ca

Traffic Inquiries

519-332-0527 Ext 3340
engineering@sarnia.ca

Transit

519-336-3271 Ext 5300
transit@sarnia.ca

W

Waste Collection & Recycling Inquiries

519-332-0527 Ext 2220
engineering@sarnia.ca

Water Meters (Bluewater Power)

519-337-8201 Ext 2214
emailus@bluewaterpower.com

Water Quality Inquiries

519-332-0527 Ext 2220
engineering@sarnia.ca

Waterfront Programs & Special Events

519-332-0527 Ext 3210
parksandrecreation@sarnia.ca

Watermain Breaks

519-332-0527 Ext 2220
engineering@sarnia.ca

Z

Zoning Enforcement / Reports

519-332-0527 Ext 3303
planning@sarnia.ca

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Weekly Camps (ages 4-12)

MEMBERS: \$155/week | \$33.50/day

NON-MEMBERS: \$170/week | \$39.50/day

WK 1: July 2-5*	WK 4: July 22-26	WK 7: Aug 12-16
WK 2: July 8-12	WK 5: July 29-Aug 2	WK 8: Aug 19-23
WK 3: July 15-19	WK 6: Aug 6-9*	WK 9: Aug 26-30

Adventure Camps (ages 8-12)

MEMBERS: \$160/week | **NON-MEMBERS:** \$170/week

Offered all weeks excluding week 6 (August 6-9)

Theme Camps (ages 6-12)

MEMBERS: \$185/week | **NON-MEMBERS:** \$205/week

Silly Science — July 8-12, August 12-16

Junior Engineers — July 15-19, August 19-23

Art Attack — July 22-26

Mini Chefs — July 29-August 2

* All camps will be closed Monday July 1, 2019 and Monday Aug 5, 2019

Licensed Child Care Camps

FEE: \$47.80/day

Offered weeks 1-7 (July 2-Aug 16)

St. Anne Child Care, Sarnia (ages 4-6), 7am-6pm

St. Joseph Child Care, Corunna (ages 4-12), 6:30am-6pm

To book your registration appointment, please contact:

St. Anne: 519-542-8846 x22 | St. Joseph: 519-862-5071 x221

Extended Care

MEMBERS: NO CHARGE

NON-MEMBERS: \$35/week | \$8/day

Standard camp hours are 9am-4:30pm.

Extended camp is non-structured supervised play time offered 7:30am-9am and 4:30pm-5:30pm



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JessicaLynn Fitness	20	8
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Rental Facilities – Parks & Recreation

To rent these facilities or for questions, please call: 519-332-0330 ext. 3201.

Map No.		
1	Blackwell Park 6320 Blackwell Side Road	•Ball Diamond South & North •Soccer Pitch •Pickleball Courts
2	Canatara Park 1400 Lake Chipican Drive	•Picnic Areas 1 to 4, Beach Pavilion •Seaway Kiwanis Pavilion & Train •Animal Farm: 8:30am-7:30pm (Victoria Day to Thanksgiving) 8:30am-3:30pm (Thanksgiving to Victoria Day) •Canatara Beach & Bandshell •Kiwanis BMX Bike Park
3	Cathcart Park 1399 Cathcart Blvd	•Multi-Use Courts (Tennis/Pickleball)
4	Centennial Park 430 Front St. N.	•Suncor Agora & Site Services Center •Flag Court •Open Field
5	Clearwater Arena 1400 Wellington Street	•Ball Diamonds 1 to 4 •Blue & Red Arena/Floor •Upper & Lower Community Hall
6	Cox Youth Center 334 Russell Street	•Community Room •Outdoor Pool & Splashpad
7	Errol Russell 610 Devine Street	•Ball Diamond
8	Germain Park 900 Germain Street	•Wedding Arbour, Japanese Garden •Ball Diamonds 1 to 5 •Soccer Pitches 1 to 4 •Garden Plots 1 to 35 •Multi-Use Courts (Tennis/Pickleball)
9	Kenwick Park 2759 Lakeshore Rd, Bright's Grove	•Picnic Pavilion/Gazebo •Multi-Use Courts (Tennis/Pickleball)
10	Lansdowne Park Talfourd Street	•Soccer Pitch
11	Linden Park 1276 Lang Street	•Multi-Use Courts (Tennis/Pickleball)
12	Mike Weir Park 2354 Lakeshore Road	•Picnic Pavilion
13	Newton Park 1480 McCrie Street	•Newton Center Community Hall
14	Norm Perry Park 300 Exmouth Street	•Main Soccer Pitch (Turf Field) •Back Field
15	Sarnia Arena 134 Brock Street	•Arena / Floor •Kiwanis Community Hall
16	Progressive Auto Sales Arena (PASA) 1455 London Road	•Arena – Rinks 1 & 2
17	Strangway Adult Community Centre 260 East Street North	•Community Rooms and Fitness Studio •Craft Room
18	Tecumseh Park 334 Russell Street North	•Picnic Pavilion •Ball Diamond •Skate Park
19	Wildwood Park 2590 Hamilton Road	•North & South Pavilion

Location Map



Lake Huron



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