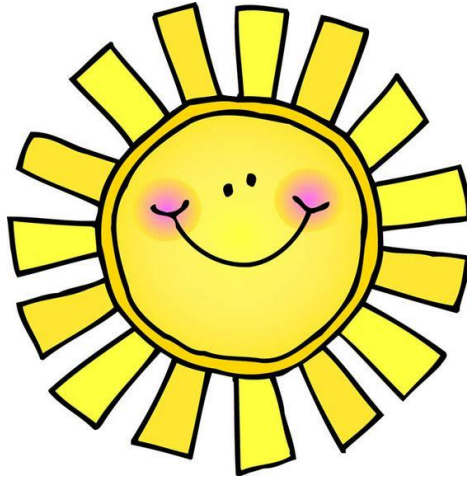


Parent's Survival Guide



Parks Program 2019



Parent's Survival Guide



For Information Please Contact

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Parent's Survival Guide

Welcome!

Dear Parent/Guardian:
Welcome to the City of Sarnia Summer Parks Program

Thank you for registering your child(ren) for Newton Park and/or Wildwood Park. Our camp leaders are working hard to create a fun and exciting camp experience. Our goal is to provide an environment in which your child(ren) gain new skills, interests, meet new friends, and most importantly have fun!

We have put together this package of important parks information, reminders, and contact information to help you and your child(ren) with the transition into camp. Please take the time to read all materials.

Our camp is **NUT sensitive** and there are children attending our programs with peanut allergies. Please ensure that there are no peanuts, or even trace amounts in your child's food.

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What to Bring to Camp

Getting ready to come to Parks Programs? Check off the following list to make sure you don't forget anything. Remember to label all belongings.

Clothing & Shoes (weather-appropriate)- Campers should come dressed for a full day of activity. We recommend outdoor activity clothes and athletic shoes **(Please no sport-sandals or open-toed shoes)**. Please check what your child brings to camp in the morning to avoid lost items. Name Tags should be on all personal possessions .

Water Bottle- Water is a vital component when physically active. Parents are asked to send a water bottle/squeeze bottle each day.

Sunblock- Your child will participate in outdoor activities everyday. For protection from the sun's rays, we recommend applying SUN BLOCK (SPF #15 or higher) on your child, prior to arrival. Sunblock is most effective when applied half hour before exposure.

Swimming Gear- Please pack a swimsuit and a towel with your child everyday. Campers will participate in water activities if the weather permits.

Gym Bag/Backpack- A backpack, gym bag, or book bag is recommended for your child's belongings. Please label with the camper's name.

Additional Information: If necessary the summer camps staff reserves the right to search a child's belongings (with another staff member present) for the safety of the child as well as the other participants. Parents will be notified prior to or after the search depending on the situation.

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Facilities

Your child's day will begin and end at Newton Park or Wildwood Park. On Thursday, Newton Park will go on a field trip to Tecumseh Pool or Canatara Park. You will be notified of the location in advance.

Rainy Days

Both Newton and Wildwood Parks Programs have access to indoor facilities in the event of inclement weather. Newton Park goes into the Newton Centre, and Wildwood Park goes to Bright's Grove School Gymnasium.

Pick-Up/ Drop-Off

The parents/guardians are responsible for getting their child to and from the activity centre site and offsite trips. Please ensure that you pick up your child promptly at the end of each days program. Please do not drop off your child until the start of the program time (9:00 am or 1:00 am) as leaders use the time prior to do prep work.

Parents/guardians are required to sign their child in and out of the parks program. The child must be accompanied by an adult into the building/off site trip location to **initial the attendance** that will be provided by one of the leaders.

Identification is required to pick-up your child. Campers will not be released if photo identification is not shown.

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Cancellations and Refunds

Refunds are available up to **TWO WEEKS** before the start of each program, and are subject to an administrative fee. There are **NO REFUNDS** once camp has started. There will be no refunds for days not attended.

Approval and consultation to determine the refund require the approval of the director.

Medication

If your child requires any prescription medications (including Asthma Inhalers), or carries an Epi-Pen, please note this information in the Medical Information Form. All prescription medications must be turned in to a designated camp leader at morning sign-in.

Non-Prescription/over-the-counter medication, including vitamins and herbal supplements will not be permitted. Asthma Inhalers and Epi-Pens will be carried by your child's camp leader. If you wish to discuss your child(ren's) medications, please contact Jade Roy.

ALL prescription medications must be in the original pharmacy bottle, labeled with the camper's name, and the physician's ordered dosage on the bottle

Mosquito Bite Protection

Please apply and send your child with insect repellent each day. Insect repellent is to be sprayed after sunscreen has been applied. Please avoid contact with your child's hands and face.

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Accidents and Emergencies

In the event that your child becomes ill or is injured while at camp, you will be called and advised of the situation, and may be asked to pick up your child. Please ensure that we know where to reach you at all times and that your child's Medical Information Form is accurate and complete. Please be aware that all leaders are certified in C.P.R, First Aid and they have received Epi-Pen Training.

Illness

If your child should become ill while at camp, you will be notified. Because we do not have a Registered Nurse on staff, we will ask you to make the decision whether to remove your child from the program for the day. **We ask for your discretion on bringing your child to camp if they are ill.**

There are no refunds for days missed, unless for medical reasons.

Valuables

Campers are asked to leave all valuables at home as Camp Leaders will not be responsible for any lost or stolen items while at camp.

Please note that items such as Cell Phones, Tablets, iPods, Video Games, and Trading Cards are not permitted at camp.

Any items your child leaves at either Newton Park or Wildwood Park must be picked up on or before August 23rd. Any items left will be donated.

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Discipline

Behaviour Guidelines

It is the goal of the Parks Programs is to provide a healthy, safe, secure, and respectful environment for all campers and staff. All campers are expected to follow the behaviour guidelines and interact appropriately in a group setting. Please review the following Behaviour Guidelines and Program Rules with your child(ren). Your co-operation is greatly appreciated and will help provide a safe, fun, and respectful environment for all campers and staff.

Camp Behaviour Guidelines and Program Rules

1. Campers are expected to participate in camp activities, follow the directions of the Camp Leaders and stay with their camp group at ALL TIMES.
2. Campers must be respectful, honest, and considerate of other campers, staff, volunteers, and guests.
3. Campers must be respectful of City property, and property of other campers, staff, volunteers, and guests.

If a child does not follow the behaviour guidelines, the camp staff will take the following steps:

First Occurrence:

Leaders will redirect the child to more appropriate behaviour.

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Camp Behaviour Guidelines and Program Rules

Second Occurrence:

A camp leader will meet with the child, and remind the child of the behaviour rules. Parents will be notified by way of an incident report or phone call.

Third Occurrence:

The parent/guardian will be contacted immediately by the Camp Supervisor and they will be asked to pick up their child.

Parks Program Leaders reserves the right to ask a parent to pick-up their child early, temporarily suspend the child from the camp program, or completely suspend the child from the program (in extreme cases), with no refund.

Behaviour Guidelines

The following are ZERO TOLERANCE behaviours and they will result in the immediate suspension from camp with no refund.

- | | |
|---------------------------|--|
| • Profanity | • Verbal Abuse |
| • Vulgarity | • Physical Abuse |
| • Obscenity | • Stealing |
| • Acting in a lewd manner | • Damaging camp property |
| • Use of Alcohol | • Damaging personal property of other campers or staff |
| • Use of Drugs | |

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Lunch

Youth Activity Centre participants who will be staying on the playground between 12:00 to 1:00 are required to bring a lunch every day. Please ensure that the lunch items your child brings are fresh and will not spoil as there is no cooler provided to keep lunches cold. There will be supervision at the Youth Activity Centre sites but no activities are planned during lunch time

Snacks

Parents/guardians are asked to send snacks and a drink with their child to the program every day as snack time is planned in the morning and afternoon. Please label your child's snack with their name to avoid mix-ups.

Important Reminders

- If you have a question or concern, call Jade Roy (Camp/Parks Program Supervisor at 226-402-0039)
- Please return all of the appropriate permission forms for all special events **ON TUESDAY**.
- Just a reminder that there has been an increase in the tick population in Lambton County, so please do a quick "tick check" on your child, paying special attention to the scalp, groin, and armpits.