



# COVID-19 Lambton County Community Resources

## Lambton County Social Services are here to help you

Because of the coronavirus, most businesses and public spaces in Ontario are closed for people to walk into for services. We can still help people over the phone.

Lambton County Social Services is available to provide the initial point of contact for income support assistance to persons in need to cover the costs of food, shelter, basic needs and referrals to all other Social Services as required. For inquiries please call 519-344-2057 or email [socialservices@county-lambton.on.ca](mailto:socialservices@county-lambton.on.ca).

- Housing
- Food Banks
- Transportation
- Safety & Security
- Employment Services
- Mental Health & Wellness
- Legal & Advocacy
- Education & Literacy
- Finances and Debt
- Other Government Services

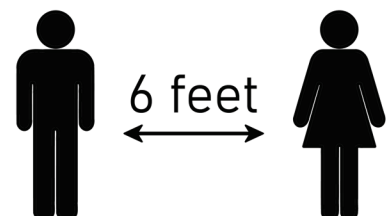
Call Telehealth: 1-866-797-0000  
if you have these symptoms:

- Fever
- Cough
- Breathing problems
- Muscle aches
- Being tired
- Headache
- Sore throat
- Runny Nose

Stay healthy and safe.

- Wash your hands often with soap and water.
- Don't touch your face.
- Cough or sneeze into your sleeve or a tissue.
- Keep surfaces clean and disinfected.
- Don't touch surfaces that are not clean.
- Stay six feet away from other people.
- Avoid public spaces.

**Call 911**  
if you have  
trouble  
breathing



# Lambton County Social Services - 519-344-2057

Lambton County Social Services is open by appointment only, by telephone or by email.

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## Contact Information

Aamjiwnaang First Nations Social Services	519-336-8410	North Lambton Community Health Centre, Forest	519-786-4545
Aamjiwnaang First Nation Food Bank	519-332-6770	Oil Heritage Family Church Food Bank	519-834-2984
Alzheimer's Society Sarnia-Lambton	519-332-4444	Organization for Literacy Lambton	519-332-4876
Big Brothers Big Sisters	519-336-0460	Pathways Health Centre for Children	519-542-3471
Boys & Girls Club	519-337-365	Petrolia Food Bank	519-882-3950
Brooke Alvinston Food Bank	519-898-2173	Rebound	519-344-2841
Children's Aid Society	519-336-0623	River City Vineyard Food Bank	519-383-8463
CMHA Lambton Kent	519-336-3445	Salvation Army	519-344-1142
Community Living	519-332-8055	Sarnia-Lambton Native Friendship Centre	519-344-6164
Corunna St. Andrew's Presbyterian Church Community Food Bank	519-862-3641	Sarnia-Lambton Workforce Development Board	519-332-0000
Family Counseling Centre	519-336-0120	Sarnia-Lambton YMCA	519-336-9622
Financial Fitness Sarnia/Windsor	519-542-1130 ext 3229	Sexual Assault Survivors' Centre	519-337-3154
Forest Contact House Food Bank	519-786-5692	St. Clair Child & Youth Services	519-337-3701
Goodwill Career Centre	519-332-4333	St. Joseph's Hospice	519-337-0537
Huron House Boys	519-869-4000	St. Vincent DePaul Sarnia-Lambton	519-337-1058
Inn of the Good Shepard	519-344-1746	The Good Shepherd's Lodge	519-344-1679
John Howard Society Sarnia-Lambton	519-336-1020	The Hub	519-381-2500
Kettle & Stony Point First Nations Social Services	519-786-2125	The Workplace Group	519-337-7377
Lambton County Developmental Services	519-882-0933	Victim Services of Sarnia-Lambton	519-344-8861 Ext 5238
Lambton College	519-542-7751	Walpole Island First Nations Social Services	519-627-3583
Lambton Elderly Outreach	519-845-1353	Watford United Church Food Bank	519-876-2837
Lambton Mental Wellness Centre	519-344-5602	West Lambton Community Health Centre, Sarnia	519-344-3017
Lambton Public Health	519-383-8331	Women's Interval Home	519-336-5200 Ext 0